

Gold & bronze

KATHY IRELAND (Mom to Erik, 15; Chloe, 11; and Lily, 7)

“When I’m overwhelmed and want a cozy place, I’ll dress in warmer colors such as gold or bronze.”

Dewey’s analysis

A woman who’s drawn to bronze and gold is not the type to sit back and let the world pass her by. She has high ambitions and enjoys life to the fullest. Kathy is constantly asking what’s best for her children. Their world is full of innovative thoughts and artistic experiences.

Serena says

Gold has more life than a neutral. Use it in a girl’s nursery in tandem with shades of camel and pops of peach or coral. Bring color in with picture and mirror frames or decorative pieces. Seek out decorative bits that add that shimmer—a little is all you need!

Green

COURTNEY COX ARQUETTE (Mom to Coco, 6)



“Green reminds me of fresh-cut flowers, which I love.”

Dewey’s analysis

A preference for green reveals a person who’s a terrific listener and

never too busy for others—a real help when you’re a mom. A green lover’s true gift is the ability to put herself in other’s shoes. Green is nurturing and supportive. Courtney has a natural intuitive response to what’s needed. Coco likely feels secure, with her constant attention. Their world emits a trustful, relaxing feeling.

Serena says

Green never goes out of style. It’s a classic compliment to pink for a girl or blue for a boy. Or make it its own story in a neutral nursery by mixing various shades of green, tempered by a lot of bright white for a look that’s classic, yet unexpected.

Creating harmony in baby’s room

BY CORINNE GARCIA

Newborns can certainly benefit from some balance, and with a nursery designed according to the Chinese art of feng shui, “the child will be at peace and naturally sleep well,” says Valerie Bogdan, a feng shui consultant in Long Branch, NJ.

Feng shui is deeply rooted in nature and simplicity. Bogdan recommends organic bedding, natural-fiber carpet, full-spectrum light bulbs that provide natural light, and paint instead of wallpaper. “You want everything pure, simple, and real,” she says. Bogdan also recommends a balance of textures—soft, smooth blankets with knobbier knitting ones, for instance—and a variety of shapes. Because

most furniture is angular, blend in some circular shapes, such as round pillows on a comfy glider.

Movement is key, and babies love it, too. A crystal hanging in the window turns to create prisms—perfect infant entertainment. A fan clears stagnant energy and releases a soothing sound. “Feng shui is based on things that have life,” Bogdan says. Also try a mellow mobile—placed out of reach of the crib.

Bogdan avoids overtly gender-conscious themes: A harmony of masculine and feminine is comforting and creates balance. She suggests original, soothing artwork, including photos of important family or caregivers.

Black

HALLE BERRY (Mom to Nahla, 2½):

“I like the basic color black a lot, but I also like pink, which is very feminine.”

Dewey’s analysis

An affinity for black indicates that you’re fiercely loyal, committed to all of your relationships and extremely disciplined about achieving goals. Lovers of black tend to be emotional people and often make decisions based on feelings rather than logic. Halle has a deep, powerful, emotional connection to Nahla. Feelings are primary. When her child is happy, she is too.

Serena says

Black in the nursery can be a very crisp accent when used right. In a girl’s room, pair a black crib and dresser with shell pink and loads of white instead of the over-used pink/chocolate color combo.